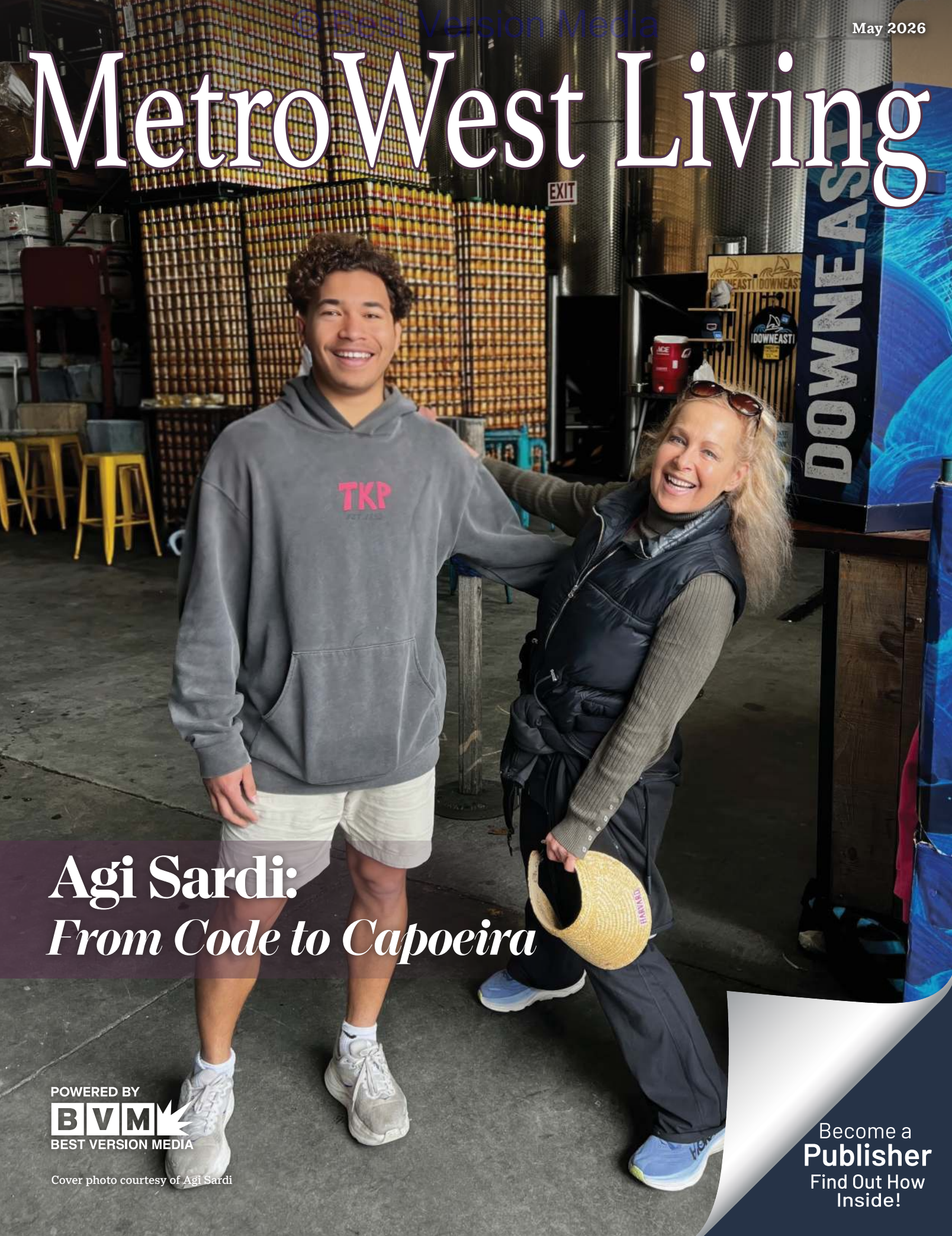


MetroWest Living



Agi Sardi: *From Code to Capoeira*

POWERED BY
BVM
BEST VERSION MEDIA

Cover photo courtesy of Agi Sardi

Become a
Publisher
Find Out How
Inside!

Expert Contributors

To learn more about becoming an Expert Contributor, contact Traci Marotta at tmarotta@bestversionmedia.com



PRIVATE WEALTH ADVISOR
Jason Tholander, MSFS, SFP®, AEP®
North Atlantic Investment Partners, LLC
617-307-5949
jason.tholander@raymondjames.com
www.northatlanticinvestmentpartners.com



EARLY CHILDHOOD EDUCATION
Tenacre County Day School
781-235-2282
www.tenacrecds.org

LOOKING TO ADVERTISE?

Start a print campaign for your local business.



CONTACT:

Traci Marotta
973-738-6006
tmarotta@bestversionmedia.com

MetroWest Living



SHARE YOUR KNOWLEDGE

Stand out from the competition and become an **Expert Contributor** for your industry!

CONTACT:

Traci Marotta
973-738-6006
tmarotta@bestversionmedia.com



MetroWest Living



MetroWest Living

PUBLICATION TEAM

CONTENT COORDINATOR: Peter Crisano
DESIGNER: Tom Zielinski
CONTRIBUTING PHOTOGRAPHER:
 Diane Brophy Photography
 www.dpbrophyphotography.com

SPONSORSHIP/QUESTIONS

CONTACT: Traci Marotta
EMAIL: tmarotta@bestversionmedia.com

Feedback/Ideas/Submissions:

Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 5th of each month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos (IMB or more) to: **PCRISANO@BESTVERSIONMEDIA.COM.**

Content Submission Deadlines:

Content Due:	Edition Month:
December 10	January
January 10	February
February 10.....	March
March 10.....	April
April 10.....	May
May 10.....	June
June 10.....	July
July 10.....	August
August 10.....	September
September 10.....	October
October 10.....	November
November 10.....	December

Any content, resident submissions, guest columns, advertisements and advertorials are not necessarily endorsed by or represent the views of Best Version Media (BVM) or any municipality, homeowners associations, businesses or organizations that this publication serves. BVM is not responsible for the reliability, suitability or timeliness of any content submitted, inclusive of materials generated or composed through artificial intelligence (AI). All content submitted is done so at the sole discretion of the submitting party.
 © 2026 Best Version Media. All rights reserved.

POWERED BY



Hello Readers,

May has arrived in MetroWest, and with it comes that unmistakable feeling of possibility. Trees are bursting into bloom, patios are reopening, and our calendars are finally filling with graduations, celebrations, and long-awaited outdoor gatherings. It's the month when we trade heavy coats for lighter layers and begin rediscovering the joy of being out and about in our communities.




In this issue of *MetroWest Living*, we're embracing the energy of the season with stories that reflect what makes this time of year so special. You'll find inspiring local voices, ideas for making the most of spring days close to home, and features that celebrate the people and places that make MetroWest such a vibrant place to live. From community happenings and seasonal inspiration to meaningful conversations with neighbors doing remarkable things, this issue is all about fresh starts and local connections.

As always, we're grateful to be welcomed into your homes and routines each month. We hope this May issue encourages you to linger a little longer outdoors, try something new, and appreciate the beauty—both natural and neighborly—right outside your door. Wishing you a joyful and sun-filled month ahead.

If you would like to be featured, or know someone who would make a great feature, please email me: pcrisano@bestversionmedia.com

Cheers,
 Peter

METROWEST LIVING TEAM

		
Peter Crisano Content Coordinator	Tom Zielinski Designer	Diane Brophy Contributing Photographer

CONTRIBUTING WRITERS

			
Scott Drago	Peter Crisano	Dr. Jason Tubo	Steve Kendall



Agi Sardi:

From Code to Capoeira

By Peter Crisano

Photos provided by Agi Sardi

How a Hungarian-born engineer-turned-educator found her calling in technology, culture, and community

You would have to be living under a rock to not have heard about Artificial Intelligence (AI) and the boom that this technology is currently undergoing. While the youngest generation is being raised on using it, there's a massive gap for those of us who are a little more mature in our years. Fortunately, there are local experts on a mission to teach lifelong learners: subject matter experts in their own fields of surgery, law, psychology and the arts, how to grasp this incredible technology. This month we meet one such local helping to bridge the gap, Agi Sardi.

Agi is a Hungarian immigrant who became a computer engineer and later a college professor, an entrepreneur in AI, a devoted mother, and a long-time Afro-Brazilian dance and martial arts enthusiast. Her story spans continents and careers, all united by a deep love of learning and connecting with others.

Her journey began in Hungary, where she spent her early years before emigrating to the United States. Even as a young girl, she was captivated by science and technology, a fascination that led her to pursue an ambitious education: a double bachelor's degree in computer science and biochemistry, followed by a master's in computer engineering and an MBA in Global Technology Management. Armed with a solid grounding in both the sciences and engineering, Agi launched into a high-powered tech career at a time when few women—and even fewer immigrant women—were blazing trails in the industry.

She cut her teeth as a systems analyst in the defense sector, designing real-time software for the Trident submarine in the 1980s. By 1989, she was recruited to Raytheon Company as a computer engineer and quickly rose through the ranks to lead advanced technology initiatives. She managed projects for the International Space Station and advanced



military systems, pushing the boundaries of technology. Agi co-founded Raytheon's Advanced Prototyping Integration Development facility, a frontier simulation and modeling lab that Hollywood soon based their CGI developments on. This led directly to one of Agi's most memorable projects which sounds like something out of a techno-thriller: a high-tech surveillance program known as SIVAM (System for Vigilance and Surveillance of the Amazon), designed to monitor the Amazon rainforest for illegal activities and help protect its natural resources. That project took Agi to Brazil for the first time. It was an incredible experience, using satellites and sensors to help preserve the rainforest. Unbeknownst to her, this endeavor would unlock an entirely new passion.

It was around this time, in her late twenties, that Agi fell head over heels—quite literally—for Capoeira, the Afro-Brazilian martial art.

She had been a national gymnast in high school having studied acrobatics, tap, jazz, ballet for a decade - but capoeira was an awakening - an extension of her physical skills , including singing, playing music, with the undercurrent of revolution- a disguise for slaves to train and fight toward their liberation. This art may have resonated so strongly due to two very personal reasons. Not only a refugee from Hungary, but Agi is also Jewish. Roughly 80% of her family was wiped out during The Holocaust, so the struggle to rise up from beneath oppression is in her blood.

Capoeira is a unique blend of martial arts, dance, and music, and Agi was immediately drawn to its energy and grace and underlying nature of resistance. Despite her demanding tech career, she made time for this newfound love. Within a few years, she was not only practicing Capoeira but also performing and teaching it, eventually earning the title of Professora de Capoeira—a designation for a master teacher of the art. She advanced in Afro-Brazilian samba dance to co-found her own Dance company - SambaXé (with another brilliant masters degree engineer, Isabel), adding yet another dimension to her vibrant life in the arts.

Brazil soon became a second home for Agi. That initial Raytheon assignment in Rio de Janeiro was just the beginning. Brazil had reserved a special place in her heart, one that would stay with her for a lifetime. In 2003, when her Capoeira mestre (master teacher) got married, Agi didn't hesitate to fly to the northeastern state of Bahia to celebrate—even though her son, Zac, was only three weeks old at the time. A few years later, when Zac was five, Agi took a sabbatical and returned to live in Bahia for several months, immersing herself and her young son in Brazilian culture. During that time, she trained intensively in Capoeira, honed her Portuguese language skills, and deepened her appreciation for Brazil's rich culture and warmth. Those months in Bahia



with her son were priceless for them both. She wanted him to experience the music, the language, the energy of Brazil that had so profoundly touched her own life, thanks to the catalyst: her role at Raytheon.

After nearly a decade at Raytheon, Agi felt the pull to share her knowledge and inspire the next generation of technology enthusiasts.

She transitioned to academia, taking on teaching and leadership roles at prestigious institutions including MIT, Northeastern University, Emerson College, and Brandeis University. In these positions, she helped students navigate the rapidly evolving world of computers and the Internet. At Northeastern, she designed an innovative web development certification program for adult learners, giving early Internet-era professionals the skills they needed to thrive in a digital world. As a professor and curriculum manager from the late 1990's into the 2000's, Agi taught courses ranging from web design and internet architecture to programming in Java and HTML.



CONTINUED ON NEXT PAGE



Tenacre Country Day School

Pre-K to Grade 6

Tenacre nurtures and challenges each child, every day.



www.tenacreeds.org/explore

RESIDENT FEATURE

Even outside formal classrooms, Agi found ways to champion education and technology in the community. When her son started school, she became an active parent volunteer and served as president of the local Parent Teacher Organization (PTO). In that role, she spearheaded creative programs to enhance learning with technology. Under her leadership, the PTO raised funds for tech improvements and even introduced a forensic genomics program to get students excited about science in a hands-on way. These were busy years as she balanced her career and motherhood.



Her commitment to community education didn't stop at her son's school. Agi became a familiar face in local lifelong learning circles. She led neighborhood "Geek Club" workshops for kids, teaching everything from basic coding with Scratch to building simple robots with LEGO Mindstorms. With a natural ability to demystify tech for any audience, she also mentored teenagers and adults, coached a global youth app female development team for the Technovation competition, and served as a judge for Northeastern University's MBA student innovation projects. She also taught for MITES (<https://mites.mit.edu/> teaching advanced minority students chosen from all parts of the country to MIT). Her network of engagement is wide: she joined the board of her local Temple Beth Zion, where she chaired children's programs AND put on a complete live music and dance Carnival performance for Purim and she's frequently invited to speak at community events about the intersection of technology and daily life.

In recent years, Agi has embarked on perhaps her most ambitious project yet: Agi's AI Academy [AgiAIacademy.com](https://agiaiacademy.com), a program aimed at making AI accessible to people of all ages, with a special focus on adults who are at the end or post career and subject matter experts in their fields. She saw a gap in opportunities for non-traditional students as well as Board members who had already decreased workloads yet were instrumental in corporate decision making, anyone curious about new technologies without training program access—to understand and engage with emerging technology. Agi's new venture offers a collaborative supportive atmosphere for hands-on workshops that introduce AI in a down-to-earth, no-jargon way. The inspiration for this endeavor came directly from her students. In fact, her students requested she develop a follow up program - AI in Action.

StopChatting.StartBuilding. - teaching such important skills as Vibe Coding, Video Generation and Agentic AI to an eager and important population cohort. —they preferred her live - hands-on - up-to-date collaborative approach to any other offerings. AI moves so rapidly, most other courses are soon left behind.

This latest chapter has also become a family affair. Agi's 22-year-old son, Zac, is following in her footsteps—he's set to graduate with Harvard's class of 2026, focusing on AI, and recently landed a job at a major AI startup in San Francisco.

Now, mother and son have teamed up as co-founders of the academy, blending Agi's decades of teaching expertise with Zac's fresh perspective as a newly minted AI professional. They're partners, joining their efforts to demystify AI through practice, not just theory. Through classes offered in collaboration with local organizations—from the Brandeis Osher Lifelong Learning Institute (BOLLI) in Waltham to the Berkshires, to libraries and senior centers across the MetroWest area—Agi and Zac have cultivated a vibrant community of learners eager to explore tools like conversational chatbots and image, music, movie, voice and lyrics generators, all in a collaborative, supportive learning environment.

Check out [AgiAIacademy.com](https://agiaiacademy.com) site to sign up for a class or just enjoy their music and image creations.

Resources to get in touch with Agi:

Email: info@agiaiacademy.com

LinkedIn: www.linkedin.com/in/agisardi/

Sub Stack: substack.com/@agisardi

Do you know

A NEIGHBOR WHO HAS A STORY TO SHARE?

Please contact us if you, or a family you know, is interested in being featured as our cover story in one of our upcoming issues. We'd be delighted to add you to our family feature list. Email us at pcrisano@bestversionmedia.com.



WHERE BEAUTIFUL HOMES BEGIN

At K. Powers & Company, we help you create interiors that balance beauty and livability- from luxury wool carpets and custom rugs to premier window treatments and flooring- all thoughtfully designed to bring warmth, comfort, and enduring style to your home.

ELEGANT HOME INTERIORS

Carpet & Rugs • Flooring • Window Treatments

K. Powers & Company
DECORATIVE CARPETS AND HOME
[KPOWERS.COM](https://kpowers.com) | NEEDHAM

To the Moms Who Hold It All Together

(and Make It Look Easy)

A Mother's Day Tribute

By Peter Crisano

There's a quiet kind of strength woven into daily life across MetroWest. You can see it at crosswalks and kitchen tables, on sidelines and school steps, in carpools and checkout lines. It belongs to moms—the ones who somehow manage to remember permission slips, birthdays, grocery lists, and everyone else's emotional temperature, often all before 8 a.m.

Motherhood here looks as varied as our neighborhoods. It's early mornings in Wellesley and late nights in Framingham. It's first-time moms pacing with newborns and seasoned moms navigating graduations, move-outs, and the bittersweet art of letting go. It's grandmothers, stepmoms, foster moms, adoptive moms, aunts, caregivers, and all the women who show up with open arms and steadfast hearts.

What unites them isn't perfection—it's presence.

Moms are the steady thread running through the chaos of everyday life. They're the ones who know where everything is (or at least pretend they do), who can soothe hurt feelings with a look, who understand when silence says more than words. They celebrate victories big and small, from honor roll announcements to finally mastering the bike ride without training wheels. And when things don't go as planned, they're there too—offering comfort, perspective, and the reassurance that tomorrow is a new day.

In MetroWest, moms are deeply woven into the fabric of the community. They volunteer at schools, organize fundraisers, cheer from bleachers in every season, and quietly support neighbors when help is needed most. They build villages out of friendships, carpools, group texts, and shared understanding. They are often the first to lend a hand—and the last to ask for one.

Motherhood, of course, isn't one-size-fits-all. It can be joyful and exhausting, hilarious and overwhelming, fulfilling and complicated—all at the same time. It shifts with



the years, evolving as children grow and life changes. And through it all, moms adapt. They learn to release the idea of doing it "right" and focus instead on doing it with love.

This Mother's Day, we celebrate not just what moms do, but who they are.

We celebrate the stories they create—bedtime tales told from memory, family traditions passed down and reinvented, lessons taught not through lectures but through example. We celebrate the moments we'll remember forever and the countless small ones that shape us without fanfare: the rides, the notes, the late-night conversations, the unwavering belief.

We also celebrate the moms who are doing their best on hard days.

The ones juggling work and family, caring for aging parents, navigating loss, or learning how to show up for themselves again. Their strength may be quieter, but it is no less extraordinary.

And let's not forget the moms who may not hear "thank you" often enough. Today is for them.

So this Mother's Day, whether you're planning brunch, sending flowers, making a call, or simply pausing to reflect, take a moment to acknowledge the remarkable moms in your life. Tell them they're seen. Tell them they matter. Tell them their love makes a difference—because it does, every single day.

From all of us at *MetroWest Living*, we wish a very Happy Mother's Day to the women who nurture, guide, inspire, and shape our community with grace, grit, and heart. We're better because of you.



Spark Newton Announces

POETS FOR HAIKU NEWTON 2026

Provided by Blair Lesser Sullivan

During National Poetry Month, Spark Newton is delighted to announce 22 poets who have been chosen winners of its fifth annual Haiku Newton contest.

The winning poems will be affixed to lawn-style signs that will be displayed in various Newton venues from late April through July. The 2026 signs will debut at the Newton Free Library, which is partnering with Haiku Newton for the third year.

“We were thrilled to receive 190 submissions from 115 poets,” says Grey Held, Spark Newton board member and co-director of Haiku Newton, along with Elizabeth Lund and Greg Fulchino. “When we began this project five years ago, we wanted to bring poetry out of books and into public spaces. We hear such positive responses from residents who look forward each spring to reading haiku at various locations throughout Newton,” added Held.

The 2026 winners include 10 Newton adults, 4 students and 8 poets from nearby cities and towns in Massachusetts.

“Spark Newton is thrilled to sponsor this exciting project to make poetry publicly accessible in public spaces that are engaging and approachable where you least expect it,” said Gloria Gavis, Board Chair of Spark Newton.

A celebratory reading, featuring many of this year’s winners, will be held at the Druker Auditorium, Newton Free Library, at 7 p.m. on June 9th.



All are welcome at this event.

The 2026 selected poets are (in alphabetical order):

- Jody Callahan
- Christine Carvajal
- Hugh Dun Rappaport
- Julia Dun Rappaport
- Eliot Fumante
- Margaret Geller
- Marilyn Halpern
- Ruth Hoberman
- Lyn Jekowsky
- Debbie Knapp
- Jim Krosschell
- Julie Leavitt
- Heona Liu
- Robin Mayer Stein
- Roxanna Myhrum
- Grace Neilan
- Susan Nisenbaum Becker
- Ezra Robison
- Annette Seaward
- Clara Silverstein
- Claudia Springer
- Richard Waring

For more information, visit sparknewton.org

About Spark Newton

Spark Newton is a non-profit organization building community through free arts and culture events, engaging public art, and enlivened public spaces. Our work enhances the quality of life in Newton by sparking joy, inspiring creativity, and fostering meaningful connections.



DB

DIANE BROPHY
PHOTOGRAPHY

Book your headshot session today.
www.dpbrophyphotography.com - 908.656.6542

BECOME A PUBLISHER!

APPLY TODAY!

Be the face of your local magazine for financial growth opportunities.



Email

talent@bestversionmedia.com

to learn more.



New England Inspired Spring Recipes

By Peter Crisano

Maple-Mustard Cod with Warm Asparagus, Pea, & Lemon Breadcrumb Salad



A coastal spring dinner that balances brightness, sweetness, and crunch.

Why it's New England-Spring Inspired

Fresh Atlantic cod, early asparagus and peas, and real maple syrup come together in a light but comforting dish that celebrates the shift away from winter heaviness.

Serves 2-3

Ingredients

For the cod

- 1½ lbs fresh cod fillets
- 2 tbsp pure Massachusetts or Vermont maple syrup
- 1½ tbsp whole-grain Dijon mustard
- 1 tbsp apple cider vinegar
- 2 tbsp olive oil
- Zest of ½ lemon
- Salt and cracked black pepper

For the warm vegetable breadcrumb salad

- 1 bunch asparagus, trimmed and cut into 1½-inch pieces
- ¾ cup fresh or frozen English peas
- ¾ cup coarse, rustic breadcrumbs (preferably day-old bread)
- 1 small garlic clove, finely grated
- 2 tbsp olive oil
- Juice of ½ lemon
- 2 tbsp finely chopped chives or tender scallion greens
- Optional: a few shavings of local aged cheddar or parmesan

Instructions

1. Heat the oven to 400°F.

2. Make the glaze:

Whisk maple syrup, mustard, vinegar, olive oil, lemon zest, salt, and pepper.

3. Prepare the cod:

Place cod on a parchment-lined baking sheet. Spoon glaze generously over the fish. Roast for 12-15 minutes, until just flaky and lightly caramelized.

4. Meanwhile, make the salad:

- Heat olive oil in a wide skillet over medium heat.
- Add breadcrumbs and garlic; toast until golden and fragrant. Remove and set aside.
- In the same skillet, sauté asparagus for 3-4 minutes until crisp-tender. Add peas and cook 1 minute more.
- Return breadcrumbs to the pan, add lemon juice and chives, then gently toss.

5. Serve:

Spoon warm vegetable breadcrumb salad onto plates and top with cod. Finish with cheese shavings if using.

Serving Note

This pairs beautifully with a chilled hard cider or a bright New England sauvignon blanc.

Spring Chicken with Fiddlehead-Apple Pan Sauce

A one-pan dish that feels woodsy, bright, and very New England.

Why it Works

Fiddleheads (or asparagus as a substitute), crisp apple, thyme, and cider vinegar give this dish a fresh, forest-to-table vibe—perfect for April and May.

Serves 4

Ingredients

- 4 bone-in, skin-on chicken thighs
- Salt and cracked black pepper
- 2 tbsp olive oil
- 1 cup fiddleheads, cleaned and trimmed
(or sliced asparagus if fiddleheads aren't available)
- 1 small crisp apple (McIntosh or Cortland), thinly sliced
- 2 cloves garlic, smashed
- ½ cup dry apple cider
- 1 tsp apple cider vinegar
- 1 tsp fresh thyme leaves
- 1 tbsp butter



TELL US
WHY YOU *LOVE*
THIS MAGAZINE!



www.bestversionmedia.com/feedback



Instructions

1. Season the chicken

Pat chicken dry and season generously with salt and pepper.

2. Sear

Heat olive oil in a large skillet over medium-high heat. Add chicken skin-side down and cook 6-7 minutes until deeply golden. Flip and cook 3 minutes more. Remove and set aside.

3. Build the sauce

Lower heat to medium. Add fiddleheads (or asparagus) and apple slices; sauté 2-3 minutes. Add garlic and cook 30 seconds.

4. Deglaze

Pour in cider, scraping up browned bits. Add vinegar and thyme.

5. Finish cooking

Return chicken to pan, skin-side up. Simmer uncovered 10-12 minutes until chicken is cooked through and sauce slightly reduced.

6. Enrich & serve

Swirl in butter just before serving. Spoon pan sauce over chicken.

Serving Suggestion

Serve with smashed baby potatoes or buttered rye toast to soak up the sauce.

Building a Greener Tomorrow:

Inside Sustainable Wellesley's All-Volunteer Climate Movement

By Peter Crisano

In 2008, when Scott Bender founded a small environmental group called "The Power of One" in Wellesley, Massachusetts, the goal was simple: inspire residents to take sustainable actions. Nearly two decades later, that organization—now known as Sustainable Wellesley—has grown into one of MetroWest Boston's most influential grassroots environmental movements, engaging nearly 5,000 subscribers through newsletters and events and reaching an estimated 40% of Wellesley residents.

What sets Sustainable Wellesley apart isn't just its impact—it's how they achieve it. This is an all-volunteer nonprofit with zero paid staff, run entirely by passionate community members who believe that simple, collective actions can create profound environmental change.

Mission: Simple Solutions for a Healthier Wellesley

Sustainable Wellesley's mission is clear: engage residents, businesses, and the Town of Wellesley to take sustainable actions that protect the climate, reduce pollution of air, land, and water, preserve biodiversity, minimize waste, and ensure environmental justice.

Their tagline—"Simple solutions for a healthier Wellesley"—reflects their philosophy that sustainability doesn't require drastic life overhauls. Instead, they promote accessible, practical changes: switching to heat pumps, riding bikes to school, reducing food waste, planting native gardens, and speaking up at Town Meetings.

Wellesley Green Schools: Inspiring the Next Generation

One of Sustainable Wellesley's most impactful initiatives is Wellesley Green Schools, a collaborative program bringing together students, parents, and staff to reduce schools' ecological footprints and inspire students to create a healthy, sustainable world.

Goals of Wellesley Green Schools:

- 1. Climate Action Plan:** Utilize Wellesley's Climate Action Plan to guide sustainability efforts in schools
- 2. Transportation:** Develop initiatives to reduce school traffic and emissions by promoting walk/bike/bus options and anti-idling
- 3. Waste Diversion:** Reduce waste in classrooms, cafeterias, and school events through recycling, composting, and SMART Event Guide recommendations
- 4. Buildings:** Work with the School Committee to ensure new and existing schools meet sustainability goals

The results have been extraordinary. In 2019, Wellesley Public Schools received the prestigious U.S. Department of Education Green Ribbon Schools Award—one of only 14 school districts nationwide to receive this honor. The district was recognized for innovative efforts to reduce environmental impact and costs, promote better health, and ensure effective environmental education.

TRANE
COMFORT SPECIALIST

ABE
ACCURATE BAKER ELMAN
PLUMBING | HEATING | AIR CONDITIONING

SPRING IS IN THE AIR
Energy Efficient
HVAC for all!

Call Us Today
for a Free
Quote with Our
Comfort Advisor!
(508) 233-2224

CERTIFIED
asthma & allergy
friendly
Accurate Baker Elman
HVAC units are designed to help reduce allergens and irritants in the air.

www accuratheat.com | HVAC: info@accuratheat.com | Plumbing: info@bakereelman.com

Achievements highlighted in the award included:

- Food waste diversion programs that reduced cafeteria waste by 40% at Bates School, the first school in New England to participate in the EPA's Food Recovery Challenge
- A Food Rescue Network partnering with area colleges to donate unused, cooked food to Food For Free, providing an estimated 20,000 meals in its first year
- Switching from plastic straws to biodegradable alternatives
- Energy conservation measures totaling \$1.445 million in installations, resulting in a cumulative cost avoidance of \$432,176 from FY13 to FY18
- Plans for Net Zero Energy buildings for upcoming elementary school projects

The Hunnewell School, rebuilt as an all-electric, net zero-ready facility, is five times more energy efficient than the previous building. It features high-performance insulation, efficient heat pump systems, LED lighting, solar panel-ready roofing, EV charging stations, and outdoor learning classrooms

Partnership with the Town of Wellesley

Sustainable Wellesley works closely with town government, including:

- Wellesley Climate Action Committee: Collaborative planning and implementation of the town's Climate Action Plan

- Natural Resources Commission: Joint efforts on tree protection, gas leak remediation, and conservation
- Wellesley Municipal Light Plant: Renewable energy programs and electrification incentives
- Town sustainability staff: Marybeth Martello (Director of Sustainability) and Janet Mosley (Sustainability Analyst)

In 2022, Wellesley launched its Climate Action Plan (CAP), a roadmap for reaching net zero greenhouse gas emissions by 2050. The plan includes recommended actions and metrics for measuring progress across six pathways: buildings, transportation, waste, land use, governance, and resilience.

Sustainable Wellesley championed the plan's creation and continues to advocate for its implementation. "Today, Wellesley launched a Climate Action Plan with actions to meet our greenhouse gas reduction goals. The thoughtful roadmap for the future of our community and its residents was launched after more," the organization celebrated in 2022.

The Power of Volunteers: Getting Involved

Sustainable Wellesley succeeds because of its volunteers—people who contribute their time, skills, and passion in ways big and small.

The organization also offers flexible engagement options: one-time projects, weekly commitments, and monthly opportunities.

For more information, visit: www.sustainablewellesley.com






Jason Tholander, MSFS, CFP®, AEP®
 Branch Manager
 Private Wealth Advisor
 North Atlantic Investment Partners, LLC

Private Wealth Advisor is a designation awarded by Raymond James to financial advisors who have demonstrated mastery in anticipating and managing the expansive financial needs of high-net-worth individuals, families and organizations.



Primary Focus Areas:

- Business Owner & Succession Planning
- Corporate Strategies
- Executive & Stock Plan Solutions
- Concentrated Equity Positions
- Private Wealth Portfolio Consulting
- Private Institutional Clients
- Trust & Charitable Planning
- Estate Planning

2345 Washington St, Newton Lower Falls, MA 02462 • 617-964-0400
jason.tholander@raymondjames.com • northatlanticinvestmentpartners.com

Securities offered through Raymond James Financial Services, Inc., member FINRA/SIPC. Investment advisory services are offered through Raymond James Financial Services Advisors, Inc. North Atlantic Investment Partners is not a registered broker/dealer and is independent of Raymond James Financial Services.



a DAVEY company

Services

- Tree and Shrub Pruning
- Insect and Disease Management
- Tree and Shrub Fertilization
- Soil Care
- Lawn Care Programs
- Storm Prep and Support Systems
- Landscape Installation



Massachusetts Certified Arborists
 ISA Certified Arborists
 Free Consultations
(781) 827-0516



Hartney.com

May/ calendar of events

Sound & Spirit's 15th Anniversary Concert: Shine On!

Description: With 113-members hailing from 16 MetroWest towns including Natick, Framingham, Wayland, Waltham and Sherborn, the choir spans ages 8 to 90. It brings together individuals and families who perform together in a uniquely inclusive community built on connection, creativity, and shared purpose.

Date: May 8 at 7:00 PM - May 9 at 2:00 PM

Location: Natick High School

Fees: \$5-\$15

Website: <http://www.soundandspirit.net>

Cinco de Mayo Bar Crawl at Faneuil Hall

Description: A festive Cinco de Mayo celebration featuring themed drinks, live DJs, and access to multiple bars around Faneuil Hall.

Date: May 5, 2026

Location: Faneuil Hall, Boston, MA

Fees: Tickets start at approximately \$7

Website: <https://allevents.in/boston/festivals--may>

Wellesley in Bloom (Town-Wide Spring Celebration)

Description: A walkable, town-wide celebration of spring featuring floral installations, pop-up experiences, art, food trucks, and hands-on activities hosted by local businesses.

Date: Saturday, May 2 - Sunday, May 10, 2026

Location: Wellesley town centers & shopping districts, Wellesley, MA

Fees: Free (some pop-ups may have small fees)

Website: <https://wonderfulwellesley.com/wellesley-in-bloom-2026/>

Ladies of Laughter: Mother's Day Special

Description: A comedy showcase featuring nationally known female comedians—perfect for a Mother's Day night out.

Date: Friday, May 8, 2026

Location: The Center for Arts in Natick (TCAN), Natick, MA

Fees: Ticketed event

Website: <https://www.natickart.org>

Boston Color Run by Color Craze

Description: A family-friendly 5K run filled with color powder stations, music, and post-run festivities.

Date: May 9, 2026

Location: South Boston, MA

Fees: Varies by registration tier (typically \$40-\$60)

Website: <https://allevents.in/boston/festivals--may>

Mother's Day Weekend at Historic New England

Description: Special Mother's Day tours, garden strolls, and spring programming at historic homes and estates throughout New England.

Date: May 9-10, 2026

Location: Multiple Historic New England sites (MA & NH)

Fees: Vary by site; many events included with regular admission

Website: <https://www.historicnewengland.org/events-calendar/>

New Hampshire Renaissance Faire

Description: A family-friendly Renaissance experience with costumed performers, live entertainment, artisan vendors, food, and themed activities.

Date: May 9-10, 2026 (also runs May 16-17)

Location: New Hampshire Renaissance Faire (site details on official page)

Fees: Ticketed (prices vary; see official ticketing info)

Website: nhrenfaire.com

Rhode Island Arts & Crafts Festival

Description: Indoor arts & crafts festival with a variety of makers and artisans; free admission and free parking.

Date: May 9, 2026

Location: West Warwick Civic Center, West Warwick, RI

Fees: Free

**SUPPORT LOCAL.
SUCCEED LOCAL.**

Join our dynamic sales team!

SCAN TO CONNECT

talent@bestversionmedia.com

Auburn Lobster Festival

Description: Downtown celebration with live music, craft brews, food trucks, and plenty of Maine lobster—right along the Androscoggin River.
Date: May 16, 2026
Location: Main Street / Festival Plaza, Auburn (Downtown), ME
Fees: Not specified (varies by food/drink purchases)
Website: www.auburnlobsterfestival.com

WBUR Festival

Description: A multi-day festival celebrating public media with live podcasts, journalism discussions, music performances, food vendors, and author talks.
Date: May 15-17, 2026
Location: Boston University, Boston, MA
Fees: Day passes start around \$26
Website: <https://allevents.in/boston/festivals--may>

Boston Whale Watching Season Opening

Description: The official start of peak whale-watching season, offering frequent sightings of humpback, finback, and minke whales.
Date: Begins May 16, 2026
Location: Boston Harbor
Fees: Typically \$60-\$75 for adults
Website: <https://www.boston-discovery-guide.com/boston-event-calendar-may.html>

Rhode Island Half Marathon & 5K

Description: A popular spring road race featuring scenic waterfront routes for both serious runners and casual participants.
Date: May 17, 2026
Location: East Providence, RI
Fees: Registration typically \$45-\$95 depending on race
Website: <https://www.marathonsports.com/races>

Memorial Day Weekend Celebrations

Description: Community parades, remembrance ceremonies, and seasonal openings marking the unofficial start of summer across New England.
Date: May 23-25, 2026
Location: Statewide across New England
Fees: Most events are free
Website: <https://www.visitnewengland.com/all/events/events/>

Portsmouth 5K Road Race

Description: A well-attended spring community race through historic downtown Portsmouth.
Date: May 23, 2026
Location: Portsmouth, NH
Fees: Registration generally \$30-\$40
Website: <https://www.marathonsports.com/races>

Polish Fest Boston

Description: A cultural festival celebrating Polish heritage with traditional food, music, dance, and family activities.
Date: May 29-31, 2026
Location: Polish American Citizens Club, Boston, MA
Fees: Usually free or low-cost entry
Website: <https://allevents.in/boston/festivals--may>

Sky Lantern Festival by Lights Over America

Description: An evening festival featuring music, food vendors, and a synchronized sky lantern release.
Date: May 30, 2026
Location: South Boston, MA
Fees: Tickets typically range from \$35-\$55
Website: <https://allevents.in/boston/festivals--may>

Landshark Open Water Swim

Description: Competitive and recreational open-water swim event suitable for a range of ability levels.
Date: May 31, 2026
Location: Lake Gardner, Amesbury, MA
Fees: Approximately \$40-\$90 depending on distance
Website: <https://raysnotebook.info/ows/schedules/New%20England.html>

Harvard Arts Festival

Description: A campus-wide celebration of visual arts, performances, installations, and creative showcases.
Date: June 1-3, 2026
Location: Harvard University, Cambridge, MA
Fees: Free and open to the public
Website: <https://www.meetboston.com/blog/post/festivals-in-boston/>

FIXT
dental

CALL 781-474-4444
TO SET UP YOUR FREE CONSULTATION
WELLESLEY, MA

Your local general & cosmetic dentist

The advertisement features a central photograph of a male dentist in a white lab coat and a female staff member in black scrubs, both smiling. To the left of the staff member are two sets of 'before and after' photos of a patient's teeth, showing a significant improvement in their appearance. The background is a light-colored wall.